

## **JJ College celebrates Sports Day**

*06.03.2026*

The **30th Annual Sports Day** of **JJ College of Arts and Science (Autonomous)** was held on the college campus on Friday.

**Dr. A. Palanichamy, Head of the Department of Physical Education and Yoga, Bharathidasan University,** participated as the chief guest and distributed prizes and certificates to students who excelled in various sports events.

In his address, he highlighted the importance of sports in shaping discipline, concentration and teamwork among students. He said sports activities help develop both physical fitness and mental strength and encouraged students to make the best use of the opportunities provided by the institution.

Earlier, **Dr. Kavitha Subramanian** Trustee of Karpaga Vinayaga Educational Institutions delivered the introductory address. **Dr. K. Jegathees Babu,** Head of the Department of Physical Education, presented the annual sports report.

The Principal, **Dr. J. Parasuraman,** welcomed the gathering and Assistant Professor of Physical Education **Catherine Jey Selvakumari** proposed the vote of thanks.