

J.J. College of Arts and Science, (Autonomous),
Sivapuram Post, Pudukkottai – 622 422
(Re-Accredited by NAAC with B++ – 4th Cycle)
Affiliated to Bharathidasan University, Tiruchirappalli.

Board of Studies Meeting

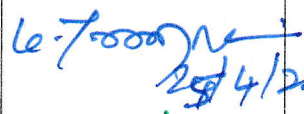
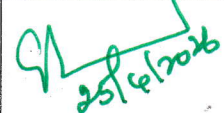
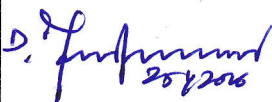
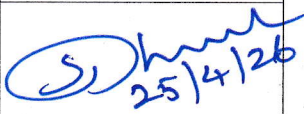
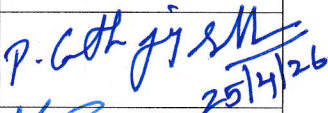
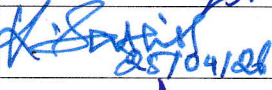
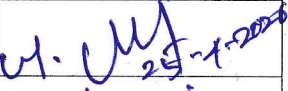
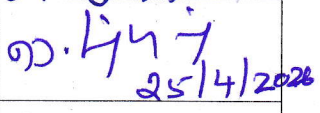
General Resolutions passed in the Meeting

Meeting No: 08

Date: 25.04.2026 & Time: 11.00 a.m.

The Meeting of the Board of Studies in **B.Sc. Physical Education, Health Education and Sports (U.G.)** was held at 11.00 a.m. on Saturday **25.04.2026** to evaluate the R4 Curriculum introduced in the year 2026- 2027.

Members

S.No.	Name	Designation	Signature
1.	Dr. K. Jagathis Babu	Chairman, Associate Professor & Head Department of Physical Education, J.J. College of Arts and Science (Autonomous), Pudukkottai.	 25/4/26
2.	Dr. A. Palanisamy,	University Nominee, Professor and Head Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli.	 25/4/2026
3.	Dr. D. Maniazhagu	Subject Expert, Professor, Department of Physical Education & Health Sciences, Alagappa University, Karaikudi.	 25/4/2026
4.	Dr. S. Dhanaraj	Subject Expert, Associate Professor, Alagappa University College of Physical Education, Karaikudi	 25/4/26
5.	Ms. P. Catherine Joy Selvakumari	Faculty members of the Department	 25/4/26
6.	Ms. K. Sathish Kumar		 25/04/26
7.	Mr. M. Arivazhagan		 25-4-2026
10.	Mr. R. Pandian	Corporate Member, Founder, Aathma Yoga Center, East Main Street, Pudukkottai.	 25/4/2026
11.	Mr. PL. Dharmaraj Reg. No. (U17PE2004)	Meritorious Alumnus, Physical Director Annai Matric Hr. Sec. School, Nachanthupatti, Pudukkottai.	—

The chairman Dr. K. Jagathis Babu chaired the meeting and welcomed all the members to the 8th BoS Meeting. After the brief introduction, the following resolutions were discussed and passed. It was resolved to have the following structure for **B.Sc. Physical Education, Health Education and Sports**.

1. To approve the revised UG curriculum, in accordance with the guidelines of UGC-LOCF, NAAC, TANSCH and the Parent University.
2. To approve the Curriculum, Course Structure (Syllabi) and Textbooks recommended for implementation from the academic year 2026-2027 onwards.
3. To approve the General Course Structure for the **B.Sc. Physical Education, Health Education and Sports** Programme, along with the syllabi for the first two semesters, were discussed and scrutinized for implementation from the academic year 2026-27 onwards.
4. To approve the following course structure for UG Programme

Distribution of Courses – UG

Part	Semester	Course	No. of Courses	Credit	Marks
I	1 – 4	Language – (Tamil/Hindi/French/Sanskrit)	04	12	400
II	1 – 4	Language – English	04	12	400
III	1 – 6	Core Course (Theory)	15	96 (CC – 69, AC – 18, DSE – 09)	2400
	1 – 4	Allied Course (Theory)	06		
	5 & 6	Discipline Specific Elective	03		
IV	5	Internship	01	02	100
	3, 4 & 5	Skill Enhancement Course (SEC)	03	06	1200
	1 & 2	Generic Elective Course (IDC)	02	04	
	3, 4, 5 & 6	Ability Enhancement Compulsory Course (AECC) (EVS, VE, DM, GS)	04	08	
	4 & 5	Self – Learning Course	02	04	
	6	Value Added Course	01	02	
V	3	Health and Wellness	01	01	100
	6	Extension Activity	-	01	-
Grand Total			46	148	4600

5. To approve the changes made in the curriculum based on the special feedback received from all stake holders on the existing curricula, courses and Syllabi.

Dr. Jagathis Babu
25/04/2026

Dr. Jagathis Babu
25/04/2026

Dr. Jagathis Babu
25/04/2026

6. To adopt the revised Bloom's Taxonomy in framing the Course Outcomes.
7. To approve the newly incorporated guidelines on Curriculum Design prescribed by NAAC.
 - a. The curriculum framework has been aligned with OBE by defining POs, COs & PEOs/PSOs.
 - b. Generic Open Elective Courses for UG Programme have been designed in alignment with the CBCS to ensure curriculum flexibility.
 - c. Practical and Industry focused field work/project and Internship Training have been incorporated into the curriculum.
 - d. Skill oriented courses offered by the Departments are aligned with NCrF, NSQF, and NHEQF.
 - e. Greater focus has been given to incorporate components of Indian Knowledge Systems into the curriculum.
 - f. Online courses for UG through SWAYAM / SWAYAM PLUS have been incorporated into the curriculum.
 - g. A relationship matrix mapping for COs, POs and PSOs has been implemented for all courses.
 - h. The Curriculum addresses local, regional, national and global needs.
 - i. Courses focus on Employability, Entrepreneurship and Skill Development.
 - j. Courses also emphasize Gender, Environment and Sustainability, Human Values and Professional Ethics.
8. To approve the inclusion of a self-learning course from SWAYAM/SWAYAMPLUS for the UG programme in the 4th semester, carrying two credits and 100 marks, and a subject related self-learning course offered by the department in the 5th Semester also carrying two credits and 100 marks. **Resolved to offer the following Online Courses (MOOC's, NPTEL) / Department Specific Courses**
9. To approve that, in the fourth semester, if a student is unable to complete the SWAYAM course, the student shall be permitted to take an optional course offered by the Department under the self-learning category only in the final semester
10. To approve the inclusion of Value-Added Course in the sixth semester for the UG Programme under Part – IV.
11. To approve the Value-Added Course to be treated an extra credit course for all PG Programmes. The credit will not be included in CGPA.
12. To approve the new evaluation pattern of CIA – 30, ESE –70 for UG programmes as per the guidelines given by UGC and TANSCH on Examination and Evaluation reforms.

6-7/2026 on 4/4/2026 25/4/2026

25/4/2026

D. H. [Signature] 25/4/26

52 25/4/26

13. To approve the following pattern for the calculation of CIA

UG	
Category	Marks
Mid-Semester	7.5
Model Exam	7.5
Assignment 1	05
Assignment 2	05
Attendance	05
Total	30

14. To approve the following question paper pattern for the ESE – 70 marks:

S. No	Section	Marks
1	Part - A	10 x 1 = 10 (5 MCQ & 5 Fill in the blanks)
2	Part - B	5 x 2 = 10 Marks
3	Part - C	5x4 = 20 marks (either... or choice/)
4	Part - D	3x10 = 30 marks (Open choice – 3out of 5)
Total		70 marks

15. To approve the following evaluation pattern for the UG project:

S. No	Description	Marks
1	Plan of the Project	20
2	Logical Execution of the Plan	40
3	Innovation	
4	Usage of Modern Tools / Technology	
5	Individual Contribution / Group Activity	
6	Project Report	20
7	Viva-Voce	20
Total		100

16. To approve the internship training shall be undertaken by UG students during their IV semester summer vacation with duration of 15 to 21 working days.

17. To approve the continuance of awarding credits for the internship course to be reflected in the 5th Semester mark statement for UG programmes the scheme for awarding marks for UG programmes are as follows:

S. No	Description	Marks
1	Report	50
2	Viva Voce	50
Total		100

18. To continue to follow the existing evaluation system for the Health and Wellness Course

Scheme of Evaluation:

Part	Description	Marks
A	Report	40
B	Attendance	20
C	Activities (Observation During Practice)	40
Total		100

6.70000 97.447
25/4/2026

15/4/2026

25/4/2026

25/4/2026

19. To approve the inclusion of Introduction to Disaster Management as Ability Enhancement Course in the 5th Semester for all UG Programmes.
20. To approve the following system for students who have not studied Tamil under Part – I (Languages).

Generic Elective Course - (IDC) # FOR WHO HAVE NOT STUDIED TAMIL UNDER PART – I		
Those who have studied Tamil upto 10 th +2 but opt for other languages in degree	1 st Semester	Special Tamil – I
	2 nd Semester	Special Tamil – II
Those who have not studied Tamil in school level	1 st Semester	Basic Tamil – I
	2 nd Semester	Basic Tamil – II

21. Resolved to have the following 15 Core Courses (listed) in the 6 semesters of UG

Sl. No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER –I			
1.	U1R4PECC1	Foundation of Physical Education and Sports	Revised
2.	U1R4PECC2P	Indigenous games practical (Kabaddi, Kho-Kho, Ball Badminton)	Renamed
SEMESTER II			
3.	U2R4PECC3	Theory of Major Games – I (Basketball, Handball, Hockey)	Renamed
4.	U2R4PECC4P	Major Games Practical – I (Basketball, Handball, Hockey)	
SEMESTER III			
5.	U3R4PECC5	Theory of Track & Field	Newly Introduced
6.	U3R4PECC6P	Track and field Practical	Newly Introduced
SEMESTER IV			
7.	U4R4PECC7	Theory of Major Games – II (Badminton, Table tennis, Tennis)	Renamed
8.	U4R4PECC8P	Major Games Practical – II (Badminton, Table tennis, Tennis)	
SEMESTER V			
9.	U5R4PECC9	Methods in Physical Education	-
10.	U5R4PECC10	Sports Kinesiology and Biomechanics	Newly Introduced
11.	U5R4PECC11	Fundamental Research and Statistics	Renamed
12.	U5R4PECC12P	Indigenous Activities (Mass Demonstration)- Practical)	-
SEMESTER VI			
13.	U6R4PECC13	Theory of Games & Sports –III (Volleyball, Cricket, Football)	Renamed
14.	U6R4PECC14P	Major games –Practical-III (Volleyball, Cricket, Football)	
15.	U6R4PECC15PW	Project Work	-

15.	U6R4PECC15PW	Project Work	-
 25/4/2021  25/4/2021  25/4/2021  25/4/2021			

22. Resolved to have the following **06 Allied courses (listed) in the 1st to 4th semesters for UG**

Sl.No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER –I			
1.	U1R4PEAC1	Basic Yogic Science	-
2.	U1R4PEAC2P	Yoga and Gymnastics Practical	Revised
SEMESTER II			
3.	U2R4PEAC3	Test and Measurement and evaluation in Physical education	Renamed
4.	U2R4PEAC4P	Test, Measurement and evaluation in Physical education- Practical	Renamed
SEMESTER III			
5.	U3R4PEAC5	Basic Anatomy and Physiology	Renamed
SEMESTER IV			
6.	U4R4PEAC6	Basics of Sports Physiotherapy	-

23. Resolved to have the following **03 Discipline Specific Electives (listed) in the 5th & 6th Semesters for UG.**

24.

Sl. No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER –V			
1.	U5R4PEDSE1:1	Modern Trends in Physical Education	Revised
	U5R4PEDSE1:2	Sports Talent Identification	Newly Introduced
SEMESTER VI			
2.	U6R4PEDSE2:1	Organization and Administration in Physical Education	-
	U6R4PEDSE2:2	Athletic Care and Rehabilitation	Newly Introduced
3.	U6R4PEDSE3:1	Sports Psychology and Sociology	-
	U6R4PEDSE3:2	Adapted Physical Education	Revised

25. Resolved to have the following **03 skill Enhancement courses (listed) in the 3rd, 4th and 5th Semesters for UG**

Sl.No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER –III			
1.	U3R4PESEC1:1	Science of Sports Training	Revised
	U3R4PESEC1:2	Career Opportunities in Physical Education	Newly Introduced
SEMESTER IV			
2.	U4R4PESEC2:1	Exercise Physiology and Sports Injuries	Newly Introduced
	U4R4PESEC2:2	Nutrition for Physical Education	Newly Introduced
SEMESTER V			
3.	U5R4PESEC3:1	Health Education, Recreation and Camping	Newly Introduced
	U5R4PESEC3:2	Curriculum Design in Physical Education	Newly Introduced

6-700096
25/4/2026
25/4/2026
25/4/2026
25/4/2026

26. Resolved to offer the following **Generic Elective courses to other Departments.**

Sl.No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER -I			
1.	U1R4PEGEC1	Introduction to Yoga	Newly Introduced
SEMESTER II			
2.	U2R4PEGEC2	Nutrition for healthy life style	Newly Introduced

27. Resolved to offer the following **self-learning course from SWAYAM / SWAYAM PLUS for the UG programme in the 4th semester, and a subject related self-learning course offered by the department in the 5th Semester.**

Sl.No	Course Code	Course Name	Revised/ Renamed/ Newly Introduced
SEMESTER IV			
1.	U4R4PESLC1:1/1:2	Course from SWAYAM / SWAYAM PLUS.	Newly Introduced
SEMESTER V			
2.	U5R4PESLC2	Introduction to Competitive Exam	Newly Introduced

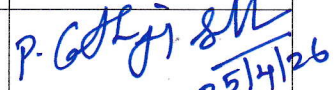
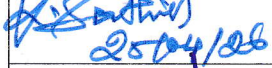
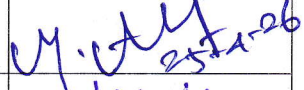
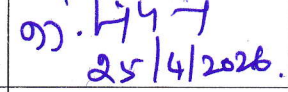
28. Resolved to include the **Indian Knowledge system based information's in all skill Enhancement Courses (SEC) are to be taught.**

6-7000
25/4/26
D. 447
25/4/2026
D. 447
25/4/2026
D. 447
25/4/2026
D. 447
25/4/2026

Meeting No: 08

Date: 25.04.2026 & Time: 11.00 a.m.

Members Present:

S.No.	Name	Designation	Signature
1.	Dr. K. Jagathis Babu	Chairman, Associate Professor & Head Department of Physical Education, J.J. College of Arts and Science (Autonomous), Pudukkottai.	 25/4/26
2.	Dr. A. Palanisamy,	University Nominee, Professor and Head Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli.	 25/4/26
3.	Dr. D. Maniazhagu	Subject Expert, Professor, Department of Physical Education & Health Sciences, Alagappa University, Karaikudi.	 25/4/26
4.	Dr. S. Dhanaraj	Subject Expert, Associate Professor, Alagappa University College of Physical Education, Karaikudi	 25/4/26
5.	Ms. P. Catherine Joy Selvakumari	Faculty members of the Department	 25/4/26
6.	Ms. K. Sathish Kumar		 25/4/26
7.	Mr. M. Arivazhagan		 25/4/26
10.	Mr. R. Pandian	Corporate Member, Founder, Aathma Yoga Center, East Main Street, Pudukkottai.	 25/4/2026.
11.	Mr. PL. Dharmaraj Reg. No. (U17PE2004)	Meritorious Alumnus, Physical Director Annai Matric Hr. Sec. School, Nachanthupatti, Pudukkottai.	—