



J.J. College of Arts and Science (Autonomous)

Re-Accredited by NAAC with B⁺⁺ Grade in 4th Cycle

Affiliated to Bharathidasan University – Tiruchirappalli

J.J. Nagar, Sivapuram Post, Pudukkottai – 622 422

Department of Physical Education

3.7.2. List of Activities conducted under MoU (2023 - 2024)

Organisation with which MoU is Signed	Collaborated Department	Name of the Activity	No. of Participants / Students
Altius Sports Academy, Pudukkottai	Physical Education	Basics of Boxing	54
Altius Sports Academy, Pudukkottai	Physical Education	Tie- breaking system in Athletics field events	54
Altius Sports Academy, Pudukkottai	Physical Education	Basic Rules and Regulation in Horizontal Jumps	54
Aathma yoga center, Pudukkottai	Physical Education	Yoga for Stress Management	83
Altius Sports Academy, Pudukkottai	Physical Education	An introduction to combined events in Athletics	83


HEAD OF THE DEPARTMENT

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