



J.J. College of Arts and Science (Autonomous)

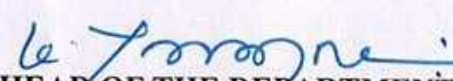
Re-Accredited by NAAC with B⁺⁺ Grade in 4th Cycle
Affiliated to Bharathidasan University – Tiruchirappalli
J.J. Nagar, Sivapuram Post, Pudukkottai – 622 422

Department of Physical Education

3.7.2. Summary of MoU (2023 - 2024)

Organisation with which MoU is Signed	Collaborated Department	Year of Signing MoU	Duration	Starting Date	Ending Date
Altius Sports Academy, Pudukkottai	Physical Education	2023	3 years	01.11.2023	1.11.2026
Nature of the MoU: a. Boxing skills b. Decathlon events c. Heptathlon events d. Pentathlon events e. Horizontal jumps f. Tie- breaking system in field events					

Organisation with which MoU is Signed	Collaborated Department	Year of Signing MoU	Duration	Starting Date	Ending Date
Aathma yoga center, Pudukkottai	Physical Education	2023	3 years	01.11.2023	31.10.2026
Nature of the MoU: a. Improving concentration through yogic Practice b. Using Yoga for stress management c. Developing physical fitness through Yoga d. Pranayama					


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