



J.J. College of Arts and Science (Autonomous)

Re-Accredited by NAAC with B⁺⁺ Grade in 4th Cycle
Affiliated to Bharathidasan University – Tiruchirappalli
J.J. Nagar, Sivapuram Post, Pudukkottai – 622 422

Department of Physical Education

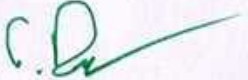
3.7.1. Summary of Collaboration (2023 - 2024)

Name of the Collaborating Agency with Contact details	Collaborated Department	Year of Collaboration	Duration	Starting Date	Ending Date
Altius Sports Academy Pudukkottai 7373720204	Physical Education	2023	3 years	01.11.2023	01.11.2026
Nature of the Collaboration: a. Boxing skills b. Decathlon events c. Heptathlon events d. Pentathlon events e. Horizontal jumps f. Tie- breaking system in field events					

Name of the Collaborating Agency with Contact details	Collaborated Department	Year of Collaboration	Duration	Starting Date	Ending Date
Aathma Yoga Center, Pudukkottai 9842692788	Physical Education	2023	3 years	01.11.2023	31.10.2026
Nature of the Collaboration: a. Improving concentration through yogic Practice b. Using Yoga for stress management c. Developing physical fitness through Yoga d. Pranayama					


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