

J.J. College of Arts and Science (Autonomous)

Sivapuram (Po), Pudukkottai.622 422.

Collaboration activities – Fundamentals of Boxing

Summary

The collaboration activities on Fundamental of Boxing were held at SDAT ,Pudukkottai.40 students from Department of Physical Education were participated from 15.11.2021 to 21.11.2021.Mr .Parthiban coach from ALTIUS Sports Academy has taken classes about the fundamentals of boxing and certificates were issued for students those who completed the collaboration activities successfully.


Head of the Department

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Collaboration activities – *Field Events and Vertical Jumps*

Summary

The collaboration activities on Field Events and Vertical Jumps were held at SDAT ,Pudukkottai.40 students from Department of Physical Education were participated from the date 25.01.2021 to 31.01.2021.Mr .Parthiban coach from ALTIUS Sports Academy has taken classes about the fundamentals of Field events and Vertical Jumps and certificates were issued for students those who completed the collaboration activities successfully.


Head of the Department

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