



J.J. College of Arts and Science (Autonomous)

Re-Accredited by NAAC with B⁺⁺ Grade in 4th Cycle

Affiliated to Bharathidasan University – Tiruchirappalli

J.J. Nagar, Sivapuram Post, Pudukkottai – 622 422

Department of Physical Education

3.7.1. List of Activities conducted under MoU / Linkage / Collaboration (2022 – 2023)

Name of the Organization with Contact details	Department	Name of the Activity	No. of Participants / Students
Aathma yoga Center , Gnana Arul Plaza , East Main Street , Pudukkottai	Physical Education	Pranayama and Meditation	50
Altius Sports academy, No.68, NGO colony, Machuvadi, Pudukkottai-622001	Physical Education	Fundamentals of Boxing	76
Altius Sports academy, No.68, NGO colony, Machuvadi, Pudukkottai-622001	Physical Education	Basics of Judo	79
Altius Sports academy, No.68, NGO colony, Machuvadi, Pudukkottai-622001	Physical Education	An Introduction to Aerobics and Zumba	76

HEAD OF THE DEPARTMENT

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PRINCIPAL

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