

J.J COLLEGE OF ARTS AND SCIENCE (AUTONOMOUS)

SIVAPURAM POST, PUDUKKOTTAI-622 422

Department of Physical Education

Bridge course Syllabus -2022

Unit – I

Introduction -JJ College of arts and science -Autonomous - Aims and Objectives - Courses offered - Department of Physical Pducation - Facilities.

Unit – II

Review - +2 subject and Education at school level - Higher Education and Education at Degree level - University - Importance to respective courses and Exams - Syllabus (General nature) - I, II, III year Syllabus

Unit – III

Introduction - I year syllabus - Bridging +2 level and first year syllabus - Core Syllabus - Allied course - Discipline Specific Elective - Skill Enhancement Course - Generic Elective Course - Practical

Unit – IV

CBCS system - Credits - Importance and advantages - Earning Credits - Part IV Activities - General instructions - Disciplines - Manners - Morals - Behaviours - Respect to elders and teachers

Unit – V

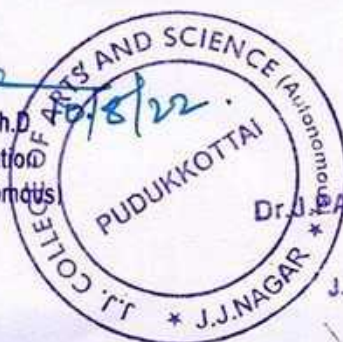
Attendance : Percentage - Permitted attendance - Condonation

Assessment : Semester exam - Internal assessment - External assessment - Grade system - Failures

Scoring marks : preparation for exams.

High marks and University ranks - Rules and regulation and handling the equipment


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Academic year = 2022 - 2023
(Offline mode)

S.NO	Name	11.08.2022	12.08.22	16.08.22	17.08.22	18.08.22	22.08.22	23.08.2022
1.	S. Baby	P	P	A	P	P	P	P
2.	S. Crokila	P	A	P	P	P	P	P
3.	R. Malathi	P	P	P	P	A	P	P
4.	K. Priyadharshini	P	P	P	P	P	A	P
5.	R. Aathi	P	P	P	A	P	P	P
6.	K. Arun	A	P	P	P	P	P	P
7.	K. Boobathi	P	P	P	A	P	P	P
8.	K. Hariharan	P	A	P	P	P	P	P
9.	N. Hariharan	P	P	A	P	P	P	P
10.	L. Jayaram	P	P	P	P	A	P	P
11.	C. Karthik Raja	P	P	A	P	P	P	P
12.	R. Manikandan	P	P	P	P	P	P	P
13.	S. Muthu Bhuvanesh	P	P	P	P	A	P	P
14.	S. Raja	P	P	A	P	P	P	P
15.	R. Raman	P	P	P	A	P	P	P
16.	M. Sabari	P	P	P	A	P	P	P
17.	K. Sanjevi	P	A	P	P	P	P	P
18.	R. Silambarasan	P	P	A	P	P	P	P
19.	A. Udai Chandran	P	P	P	A	P	P	P
20.	K. Vasanthan Natchiyappan	P	P	P	P	A	P	P
21.	S. Ragul	P	P	P	P	P	A	P
22.	M. Manikandan	P	P	A	P	P	P	P
23.	M. Vishnu	A	A	P	P	P	P	P
24.	G. Keerthi Vasam	P	P	P	P	P	A	P
25.	S. Manikandan	A	P	P	P	P	P	P
26.	G. Ganeshran	A	A	P	P	P	P	P

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J.J. College of Arts and Science (Autonomous), Pudukkottai
Bridge course Examinations-August - 2022
B.Sc. Physical Education, Health Education and Sports

Time: 30 min

Date: ~~15~~¹¹.08.2022

Marks: 25

Bridge course Pre -Test

Answer the Following (25 x1 = 25)

1. Which of the following is the vision of J.J College of Arts and Science?
 - a) Providing value based education
 - b) Globally compatible and skill oriented
 - c) Leading to their holistic development
 - d) All the above
2. Expand UGC
 - a) United Grand Commission
 - b) University Grand Commission
 - c) University Guarantee Commission
 - d) University Grand committee
3. JJ college of arts and Science comes under _____ colleges.
 - a) Autonomous
 - b) deemed university.
 - c) Government
 - d) None of the above
4. A collection of procedure used to collect information about students' learning progress is called:
 - a) Measurement
 - b) Assessment
 - c) Evaluation
 - d) None of these
5. Expand CBCS
 - a) Choice Based Credit System
 - b) Choice Basic Credit System
 - c) Choice Based Care System
 - d) Case Based Credit System
6. IGNOU stands for
 - a) Indira Gandhi National Open Universtiy
 - b) Indira Gandhi Non Open Universtiy
 - c) Indira Gandhi National Open Unity
 - d) Indira Gandhi National OpinionUniverstiy
7. Curriculum is a
 - a) Course
 - b) Syllabus
 - c) Co-cultural activities
 - d) Overall activities of the institute
8. Value education makes a student:
 - a) Good citizen
 - b) Popular teacher
 - c) Efficient manager
 - d) Successful businessman
9. Curriculum reflect the culture of
 - a) School
 - b) Home
 - c) Area
 - d) Society
10. A collection of procedure used to collect information about students' learning progress is called:
 - a) Measurement
 - b) Assessment
 - c) Evaluation
 - d) None of these
11. Grade system is a
 - a) Calculating academic credit
 - b) Evaluate the performance of students
 - c) None of these
 - d) All the above
12. Expand SBE
 - a) Skill Based Elective
 - b) Skill Basic Elective
 - c) Students Based Elective
 - d) Skill Based Election

13. UGC has recommended a _____ point grading system:
 a) 10 b) 8
 c) 15 d) 20
14. Expand IDC
 a) Interdisciplinary Course b) Interactive Course
 c) Intermediate Course d) Interaction Course
15. How many marks calculated for Internal Assessment
 a) 25 b) 20
 c) 15 d) 10
16. Result of students assessment can be used for:
 a) Clarifying the nature of the learning outcomes b) Providing short term goals to work toward
 c) Providing feedback concerning learning progress d) All of the above
17. Expand CGPA
 a) Cumulative Grade Point Average b) Cumulative Grace Point Average
 c) Cumulative Grade Percentage Average d) Current Grade Point Average
18. Which of the following is not comes under co-scholastic areas
 a) Subject b) Life skill
 c) Attitude and values d) Games and sports
19. Continuous and Comprehensive evaluation was initiated by :
 a) NCTE b) CBSE
 c) NCERT d) SCERT
20. The main purpose of Summative evaluation is
 a) To promote next higher class b) to provide rank to the student
 c) to provide grade to the student d) All of the above
21. Expand MBE
 a) Major Based Elective b) Minds Basic Elective
 c) Mimic Based Elective d) Mentality Based Election
22. The total number of officials required for kho-kho match is
 a) 6 b) 2 c) 5 d) 3
23. Which types of test items are highly structured
 a) Oral test b) Essay type test
 c) Objective type test d) None of these
24. Which of the following is a component of Physical Fitness?
 a) Strength b) Speed
 c) Endurance d) All of these
25. Physical Activity is based on
 a) Social attribute b) Psychological tendency
 c) Biological necessity d) Philosophical concept

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J.J. College of Arts and Science (Autonomous), Pudukkottai

Bridge course Examinations August 2022

B.Sc. Physical Education, Health Education and Sports

Time: 30 min

Date: 23.08.2022

Marks: 25

Bridge course Post -Test

Answer the Following (25 x1 = 25)

1. What is the duration of a UG Programme?
a) 1 year b) 2 years c) 3 years d) 4 years
2. In Which year our college was established?
a) 1994 b) 1993 c) 1992 d) 1990
3. In which year our institution was conferred Autonomous status?
a) 2010 b) 2011 c) 2012 d) 2013
4. What are the main functions of Autonomous colleges?
a) Curriculum designing b) Conducting examination
c) Result Publications d) All of the above
5. J.J.College is affiliated to _____ University?
a) Bharathiar b) Alagappa c) Periyar d) Bharathidasan
6. Expand UG?
a) Unique Government b) Unique Graduate
c) Under Graduate d) Under Government
7. What is the minimum mark to score to pass in external exam?
a) 20 b) 25 c) 30 d) 40
8. Expand NAAC
a) National Assessment and Accrediation Council b) National Assessment and Acting council
c) National Assessment and Accrediation Committee d) None of these
9. NAAC is an autonomous institution under the aegis of:
a) UGC b) CSIR
c) AICTE d) ICSSR
10. Part-I is _____?
a) English b) Tamil c) Major d) Lab
11. Assessment for learning occurs :
a) end of the unit b) before teaching learning process
c) Throughout the learning process d) none of the above
12. ICT stands for :
a) Inter Connected Terminals b) Intera Common Terminology
c) International Communication Technology d) Information and Communication Technology

13. Curriculum is supposed to
 a) Change in individual behavior b) Preparation for service
 c) Personal satisfaction d) none of above
14. Component of Curriculum is:
 a) Teaching Strategies b) Objectives
 c) Evaluation d) All the above
15. Syllabus is a part of
 a)Curriculum b)Classroom
 c)Activity d)Society
16. Expand AICTE
 a)All India Council for Technical Education b)All Indian common for Technical Education
 c)All India Committee for Technical Education d)None of these
17. Our institution is recognized under which act under UGC?
 a) 12 B b) 2 f c) Both a & b d) None
18. The Purpose of Value Education is best served by focusing on
 a) Cultural practice in society b) Concern of Human Values
 c) Religious and cultural practice d) All of these
19. Expand MBE
 a) Major Based Elective b) Major Basic Elective
 c) Member Based Elective d) Major Basis Elective
20. Which is the best role of CGPA?
 a) Assessment of overall academic standing b) Grade point obtained to all subjects
 c) Both a & b d) None of these
21. Assessment is used to :
 a)improve future student learning b) analyze and synthesis of new information
 c) recall previous information d) All of the above.
22. Geographical and Climate Condition should be considered when planning
 a) Indoor Activities b) Outdoor Activities
 c) Child Activities d) Old People Activities
23. Dynamic strength is also known as .
 a) Isometric b) Isotemic
 c) Isotonic d) Isokinetic
24. Which one the following unit measures the isometric strength of muscles?
 a) Kilogram b) Joule
 c) Pound d) Litre
25. Which of the following is the goal of higher education
 a) Access b) Equity
 c) Quality and Excellence d) Value Based Education



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22/08/22

J.B.S. Physical Education

Health Education & Sports

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S.No.	Name	Pre-Test Mark	Post-Test Mark
1.	S. Baby	14	20
2.	S. Crokila	19	19
3.	R. Malathi	12	20
4.	K. Priyadharshini	12	19
5.	R. Aathi	10	17
6.	k. Arun	11	15
7.	k. Boobathi	9	18
8.	K. Karitharan	11	18
9.	N. Hariharan	10	17
10.	L. Jayaram	8	16
11.	C. Karthik Raja	9	14
12.	R. Manikandan	9	15
13.	S. Muthubhuvanesh	12	18
14.	S. Raja	11	17
15.	R. Raman	11	16
16.	M. Sabari	10	17
17.	K. Sanjeevi	12	19
18.	R. Silambarasan	14	20
19.	A. Udhaya Chandran	11	16
20.	K. Vasanthavachiyappan	10	17
21.	S. Ragul	9	18
22.	M. Manikandan	8	19
23.	M. Vishnu	11	16
24.	G. Keerthi Vasam	12	17
25.	S. Manikandan	8	15
26.	G. Yashwanth	12	18

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